

Rosemary Zimmerman
Doctor of Chiropractic; Chiropractic Sports Physician
Diplomate, American Chiropractic Board of Sports Physicians

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EXPERIENCE

Chiropractic Sports Physician. 1987 –present. Girdwood and Anchorage, Alaska.

Founded clinics in Girdwood and Anchorage, which feature the most technological professional advancements. Offers specialized services as a Certified Chiropractic Sports Physician and Certified Strength and Conditioning Specialist in private practice providing comprehensive chiropractic and physical therapy; specializing in muscle therapy, sports injuries and preventive health care. Serves as the only Alaska chiropractor holding Diplomate status of the American Chiropractic Board of Sports Physicians and the American Academy of Pain Management. Fellow of the American Academy of Experts in Traumatic Stress and the American Back Society.

Expert Witness. 1987 – present. Anchorage, Alaska.

Provided expert witness services during trials, depositions and attorney preparations to 18 law firms.

Alaska's sole chiropractor with Diplomate status registered with the American Board of Forensic Examiners.

Chiropractic Physician. 1985-1987. Fairbanks, Alaska.

Provided Chiropractic physician services to Denali Chiropractic Clinic and Tanana Sun Chiropractic Center.

Teaching Assistant. 1983-84. Portland, Oregon.

Instructed and oversaw clinical laboratory experience and examination in postural evaluation and chiropractic technique.

Research Associate. 1976-78. Beltsville, Maryland.

Conducted research and data analysis in human and animal carbohydrate metabolism for Dr. Ortho Michaelis, USDA Beltsville Agricultural Research Center- Science and Education Administration.

Physician's Assistant. 1976-78. Washington Free Clinic, Washington, D.C.

EDUCATION / INTERNSHIPS

1998, Certified Strength and Conditioning Specialist, C.S.C.S., National Strength and Conditioning Association.

1996, Diplomate of the American Chiropractic Board of Sports Physicians (336 hour D.A.C.B.S.P. program).

1993, Chiropractic Sports Physician. Western States Chiropractic College, San Francisco, California.

1989, Certified Chiropractic Sports Physician Certification, Los Angeles Chiropractic College, Los Angeles, California.

1984, Doctor of Chiropractic (and Class Valedictorian), Western States Chiropractic College, Portland, Oregon.

1977, Bachelor of Science, University of Maryland, College Park, Maryland.

PUBLIC SERVICE IN SPORTS MEDICINE

1998 – 2001 Special Olympics, Anchorage, Alaska.

1999 All African Games, Johannesburg, South Africa.

1998 Awarded the Mayor's Award for Public Service.

1996 Arctic Winter Games, Anchorage, Alaska.

1994 Ironman World championship, Kona, Hawaii.

1992 Boading Chi Quong Hospital, Boading, China.

1991 China Sports Olympic Complex, Beijing, China.

1990 Rehabilitation Medicine 670, San Francisco University, USSR
Committee for Physical Culture and Sports.

MEMBERSHIPS – PAST AND PRESENT

Federation Internationale de Chiropratique du Sport

American Chiropractic Association Council on Sports Injuries and Physical Fitness

State Coordinator (1991-present);
Member, Nominating Committee - 2002

Alaska Chiropractic Society, Secretary (1990-1991)

Diplomate – American Chiropractic board of Sports Physicians

Diplomate – American Academy of Pain Management

Diplomate – American Board of Forensic Examiners

Fellow – American Academy of Experts in Traumatic Stress

Fellow - American Back Society

American Academy of Chiropractic Physicians
South African Chiropractic Congress

American Public Health Association

National Academy of Sports Medicine

United States Chiropractic Sports Network

Foundation for Chiropractic Education and Research

Spine Research Institute of San Diego Whiplash Certification (6/2000)

AK-1 Disaster Medical Assistance Team; Board of Directors Alaska Disaster Response Services, Inc.

Alzheimer's Association Alaska Chapter (Founding Member; Executive Board) Member-at-Large (1993-1994); Chair, Nomination Committee (1993-1994)

Southcentral Alaska American Red Cross, Board of Directors (1991-1994)

Alaska World Affairs Council Board of Directors (1992-1995)

Anchorage Sister Cities Commissioner – Appointed by Mayors in two successive administrations, Mayor Tom Fink and Mayor Rick Mystrom;

Chair, Magadan Committee – 1993-1998

Anchorage Chamber of Commerce – Ambassador Committee (1997-present)

Anchorage Concert Association – Oscar Night Gala Celebration Committee

Girdwood Rotary - Treasurer

Woodridge Condominium Association Board of Directors (1991-1993)

St. Mary's Episcopal Church Lay Eucharist Minister/Stillpoint Center for Spiritual Development Advisory Board

Active Member – Gonstead Adjustment Technique Club (1981-1984)

PUBLICATIONS / SYMPOSIUMS

Annual Clinical Meeting of the American College of Obstetrics and Gynecology Symposium (5/2000)

Take Heart Alaska – A Cardiovascular Disease Prevention Plan For Alaska

Chiropractic Sports Medicine (1994) “Eating Disorders in Female Athletes: A Literature Review for the Chiropractic Sports Physician” (Vol. 8, No. 1)

Federation of American Societies for Experimental Biology (FASEB)

The American Journal of Clinical Nutrition

Extremity Adjusting – Joint Play Examination

Assisted in the production contribution to the booklet: Listing Indicators & Adjustive Maneuvers by Dr. Tim Villnave